2:Maretzki & Maretzki E-5 (1954-1955) 1983 AC7 Okinawa AC7
Taira

year. On these occasions his parents take gifts of tea, noodles, and whatever else they can spare to the foster parents. During their visit the foster parents present the gift as an offering on the ancestral shrine and pray to their own ancestors, the guardians of the foster child. It is believed that this may help to offset the adverse effects of the child's own ancestors.

In spite of some treatments, such as blood letting and moxa cautery, which seem harsh to the unaccustomed observer, Taira people are extremely concerned about their sick. Illness, and most of all the need to remove the patient to the local dispensary or to a hospital in town, involves the whole family. No one likes to leave a sick person alone. His family and friends attend to him in such numbers that the small rooms are never large enough to hold all. The security given in everyday life by the presence of relatives and neighbors in the village continues during the critical period of illness. In the case of a fisherman from the south who was washed ashore in his boat after a storm, township officials kept the man continuous company in his dispensary room even though he was close to death. Female relatives cook meals and look after the comfort of a hospitalized person. This means that a young girl or an older woman will leave her usual work for days or weeks to attend the patient.

Because of intimacy in the home and visits to the sick, children are quite familiar with illness. A mother who has to go to the hospital takes her youngest child with her. After burning moxa weeds on her skin for two weeks had failed to cure a nephritic condition, one woman went to the hospital in town, taking her 8-months-old daughter although she did not have enough milk to nurse. The infant had to be given bottled milk prepared from cans. Meanwhile the older children remained under the care of their father.

There is, however, little concern with children who have minor ailments. A school child may be excused from attending classes. In one case a boy stayed home from school with stomach pains. He was happily playing with younger children in the street. One of the adult villagers walked past, stopped after seeing him, and inquired: "Why aren't you in school today?" When told by the boy that he had an upset stomach, the man ordered him to go home right away and stay inside or go to school. The boy's mother, although aware of her son's discomfort, did not pay any special attention to it.

Preventive medicine is officially the responsibility of the public health nurse. She advises people on proper preventive care, inoculates children against whooping cough, diphtheria, and other diseases. She also acts as an advisor to mothers on child care and occasionally helps with a birth if the doctor is unavailable. If a case is diagnosed as

744 tuberculosis, the public health nurse teaches the family how to treat the patient in the home by giving him rest and drugs provided through her. Isolation, though recommended, is not carried out effectively, as might be expected from the general treatment of sick in the village.

744 759 Like most public offices in Okinawa, the nurse's carries with it a large load of administrative duties. Between these and attending meetings and lectures at Nago hospital, there is relatively little time to cover the long distances between villages. Taira is fortunate to be the residence of the nurse, and when occasionally a nurse from another township comes to help her with inocculations, the children crowd around her and say "We want 'our' nurse to do it."

743 759 758 [844] The dispensary, or small hospital, in Taira is owned and run by a former medical corps man in the Japanese Army, referred to as "doctor." After the war the government gave permission to a number of former army medical personnel to practice on a limited scale in the villages. The Taira practitioner takes the place of a midwife, gives first aid, and diagnoses simple illnesses. If there are no complications, a patient requesting medical care may be kept at the dispensary, where a family member and the doctor's "nurse," a young female servant, attend to all his needs. If the doctor is confronted with a complicated birth or a case requiring surgical skill, he refers the patient to a private clinic in Nago or to the public hospital there. The township gives [657] financial aid to the doctor to maintain his establishment.

757 [278] Penicillin has become the doctor's stock in trade, and other antibiotics and drugs are liberally administered via the hypodermic needle. But the doctor does not restrict himself entirely to the use of rec- [262] ognized Western medicines and practices. He may recommend special diets to which people have resorted for a long time, such as goat soup, [759] which is believed to cure colds. Although the doctor has a high status in the community, most persons do not rely on his advice alone but resort to other practitioners and their remedies.

[759] Until a few years ago a popular medical practitioner, the bush doctor, resided in Taira. After his death nobody took over his work, and now many people have to travel far to receive treatment from a bush doctor in another village. His methods primarily include the use of moxa cautery, burning mogusa weed on the patient's skin, and acupuncture by the use of a fine golden needle. He may also prescribe a certain diet and the use of special herbal remedies, which the patient prepares for himself. Those who have great confidence in the bush doctor's competence, particularly older persons, do not consult the Taira doctor at all.

758 In all their dealings with sickness and its prevention, Taira people are severely handicapped by their economic conditions. Even families

2:Maretzki & Maretzki E-5 (1954-1955) 1963 AC7 Okinawa AC7
Taira

who have accepted them cannot afford to buy the recommended drugs. Furthermore, the choice between the bush doctor and the trained medical men in town is sometimes determined by lack of money to pay for the more expensive services.

Cleanliness of the village and general sanitation are theoretically under township control. Except for superficial biannual inspections, nothing much is done about them. Perhaps the Women's Association, once they carry out plans to take over this function, will be more effective.

There are several cases of physically deformed, mentally deficient, and mentally ill persons. A young man of about 20 years, born as an idiot or imbecile, lives in the back of his parents' house, protected from the gaze of outsiders. His family provides well for him, and when no stranger is around to embarrass the family, the grandfather may take him out to attend a village event. Another young man, who was normal, one day began to frighten his family and eventually the whole village by outbursts of violence. He attacked other persons and property. Nobody really knew how to cope with the situation, since the single mental hospital in Okinawa could not keep him longer than six months, and everybody realized that he was sick, not evil minded, when he broke bottles and other glassware in the village store. The family tried religious treatment and locked the man up but never for long, for he had intermittent periods of calm and seemingly rational behavior. Another man, during a busy day, complained of sudden headaches. Soon afterward he became severely depressed and attempted to commit suicide, quite an infrequent phenomenon in the Okinawan village.

* * *

Chapter 10

Formal Education

The Japanese school system, which was introduced to Okinawa in the 1880's, reached Taira by 1891. At that time a small school was established in the village. Some of its early graduates are still alive and re-

2;Maretzki & Maretzki E-5 (1954-1955) 1963 AC7 Okinawa AC7
Taira

842 of the economic hardship incurred as a result of large families. A few
[843] of the more outspoken mothers complain bitterly against the old peo-
ple who expect them to continue bearing children until three male
[593] heirs are born. Men desire male heirs, and one son is not enough: the favored number is three. Informal interviews reveal that in spite of the cultural preference for sons, mothers welcome daughters, who grow up to be useful helpers. Even if women protest when they feel tired of bearing children, they submit to their husband's demands. Since Japa-
551 nese given names are used today, the practice of naming a girl Sueko
553 (end child), to indicate that one considers her to be the last, is often
842 resorted to. If this proves insufficient and another follows, she might
[177] be called Tomeko (stop child). In one family the wife gave her baby girl the name Sueko to indicate that she did not desire any more children. Her husband, however, disagreed, for he wanted another son, and registered the child without his wife's knowledge under another name.

842 Although the older generation, which has supported large families,
● 744 looks on birth control measures with distaste, the young mothers circulate information published in Japanese magazines and by the Okinawan public health department on this matter, and a few families actually use contraceptives. However, in general, public health nurses
847 have found it extremely difficult to discuss matters like birth control, abortion, and infanticide with villagers. "We suspect that these measures are practiced everywhere. Of course, with the system of registration and public health nursing, infanticide is hardly possible; how-
[732] ever . . . we could not say. . . ." • It is interesting to note that in Taira there are mental defectives but no physical defectives. Abortion
[848] is legal with a doctor's consent, but informants claimed it was not practiced. There are illegitimate children born in the village.

842 "The seeds, they must match. If they do not match, then it cannot be." explain the villagers. They continue, "It is like planting a field, however; if the soil is hostile to growth, nothing can happen." Thus the villagers express their theories of conception.

843 Cessation of menstrual periods signals the start of pregnancy, and the sudden craving for a particular kind of food forces the woman to acknowledge the fact. Informal interviewing and casual observation
[461] reveal that morning sickness is not usual. Women rarely miss a work-
[522] ing day in the fields and mountains even in the early stages of pregnancy. One male who failed to appear for work with the rest of the male population of the village was the butt of many a joke. "How now, you are taking over the task of your wife?" teased the men and women.

[164] Malfunction of the kidneys is not uncommon among pregnant

• Personal communication from public health nurses.

862

855 the mother becomes pregnant. Usually, however, weaning is not started in earnest until the mother is three months pregnant.

[262]

If the infant has a fever or "bad color," he may be subjected to another painful experience, blood letting. Incisions are made on those parts of the body which are thought to be affected, and blood is drawn and caught in a cup. The area is washed with sake. The mother often suckles the baby and holds him while the grandmother or some other older person performs the operation.

854 757

854 Babies are diapered and swaddled until they are about a year old. For the first two months their wet and soiled diapers are changed frequently; however, as time goes on, less attention is paid to wet diapers, although those soiled from excreta are promptly changed. Infants are checked often during the raw winter days, but because they are bundled so heavily, there is hardly any danger of their contracting colds as their mothers fear. Severe urine burns and annoying diaper rash are more common than colds among young babies.

[164]

[855] Although care is taken to keep the infant as clean as possible during the first year of his life, this attitude changes as the child grows older. This is in large part due to the mother's inability to devote much time to her offspring once she has resumed full participation in economics activities. Depending on the season of the year, babies are bathed from every third or fourth day to once a week. They are bathed almost daily during the first two months of their lives as a result of the insistence of the village nurse. Water is heated on the kitchen hearth and poured into a small washpan. Mothers test the warmth of the water by immersing their arms up to the elbows and adding cold or hot water as they see fit. Soap is gently applied either with a soft washcloth or with the hands and rinsed off by splashing. On chilly winter days the bath takes place indoors, but on the hot sunny days it takes place right outside the kitchen door. In drying the baby, the mother places him in a large towel and pats the dampness from his body. She is careful to dry the skin at the joints where rash is likely to erupt. Except for the very poor, all families keep a bottle of talcum powder, which is applied right after the bath. Throughout the bath, the mother talks softly to the baby, smiling and tickling him. The atmosphere of the bath at this time contrasts sharply with that of a later time when the child is 2 and 3 years old.

[594]

[744]

[855]

863 Although there is hardly any possibility that the infant at this time would be able to smear himself with excreta, the opportunity for doing so is present later when he no longer wears diapers but is still untrained. It rarely happens, as the child is almost constantly watched by a caretaker. One mother reported disgustedly that her infant smeared

632 423 [651] The Land Affairs Department maintains the land ownership records ('tochi daichō') and issues certificates of land title ('chiken'). The head of this department ('tochijimuchō' or 'tochi gakari') together with the village mayor ('kuchō') and his council assesses land values for tax purposes.

632 • 744 The Departments of Public Welfare and Social Affairs are concerned with matters relating to relief, health, sanitation, etc. The functions of these overlap somewhat with those of the police and the Naha Health Center. One day each month a nurse from the Health Center is at the township office giving shots to children. Once a month there is a sanitation inspection of all the villages within the 'son'; the emphasis shifts each month---thus, one month it may be for mosquito control and the next it may be extermination of flies. Relief measures are also handled from these departments.

632 178 [664] A 'son' assembly ('senkai' or 'songikai') functions as the legislative branch of 'son' government; it is empowered to enact local ordinances, approve the mayor's selection of employees for the village office, and make local tax levies. In Kanegusuku-son each of the eight villages selects two representatives ('sonkaigiin') for the assembly, and the term of office is four years. Before the end of the war this body was an appointive one selected by the mayors of the villages ('kuchō'); in turn the assembly appointed the township mayor. The bulk of the population had no voice in local government; today, however, both the mayor and the assembly stand for election. In all elections for municipal and central government offices universal suffrage now obtains; all those twenty and above are entitled to vote.

632 622 The meetings of the 'son' assembly are too infrequent to provide effective representation at all times for the people. Regular contact between the people and the township office is maintained by frequent meetings of all the village mayors ('kuchō') with the township mayor ('sonchō'). This group, known as 'kuchokai' (village mayors' assembly), meets three times each month generally on the fifth, fifteenth, and twenty-fifth, though in times of emergency or pressing business it may meet oftener. Problems of general concern to the villages are discussed. These meetings enable the township mayor to keep in touch with the problems of the villages and what the people are thinking; they also provide the opportunity to inform and instruct the village mayors regarding directives or projects to be carried out in the villages.

632 651 One of the chief functions of the township government is to collect taxes for the central government and for its own needs. The following township taxes ('senzei', or in legal terminology, 'chihōzei') are those levied by Kanegusuku-son:

senmin-zei	Villagers' Tax. This is a head tax on all persons who are able to work between the ages of 17 and 60 excluding students, blind, sick, and crippled persons.
tochi-zei	Land Tax. For details see chapter on Land Tenure.
fudōsan shutoku-zei	Real Estate Acquisition Tax.
kaoku-zei	House or Building Tax.

3. Police

625

Local governments of the municipalities ('shi-chō-son') and the various 'ku' (villages and wards) exercise no control over the police stationed in their areas. Central police headquarters are located in Naha, and the organization of the police command is outside the regular civil structure except at the top national level. The police officer located in Kanegusuku-son reports directly to the district police headquarters in Itoman which in turn reports to Naha. In addition to maintaining law and order the police are charged with certain responsibilities in the fields of sanitation, health, and public welfare. Crime rates on Okinawa are low, particularly [674] in the rural areas, and policemen stationed there rarely face serious problems of law violation. A 'son' policeman has a "beat" which he is supposed to patrol each day unless other business is pressing. Actually his visits to some of the villages are rather infrequent, since there is little need for his presence. When a villager dies, it is usually the policeman who checks and certifies the cause of death. Certain dangerous or [744] highly contagious diseases such as leprosy or smallpox must by law be reported, and any infractions of this are usually investigated by the police. If a restaurant or food store is reported as unsanitary, it is the police who take steps to see that the situation is corrected.

Not infrequently the policeman is called upon to function informally 625 as a judge in settling minor disputes which in the United States would be 627 taken to court. One man rented out a room in his home to a former schoolmate; after living and eating there for several months, the roomer disappeared without making any payment for his room and board. A few months later the owner located this person's place of employment, collared him as he left work, and dragged him to the nearest policeman. The policeman listened patiently to both sides of the argument and then ruled that the roomer must pay the entire amount due the owner, ¥6000 ($50.00), at the rate of ¥2000 per month. The two disputants signed an agreement to this effect, and the policeman also signed it "to make it official". An American would regard this action as an abuse of police power; yet, an Okinawan would see nothing untoward in it. In light of this it is worth noting [178] that the jiturei who headed the rural district (majiri) under the old kingdom functioned as policeman, judge, and administrator.

In the matter of juvenile delinquency the school and police are re- 871 ported to work closely together. One police officer stated that when juve- 625 niles commit misdemeanors in his area they are usually turned over to their 674 schools for special "education". That an errant child should be released to the custody of his school rather than to his family would seem an inconsistency in a society which places so much emphasis on family. In America [171] and perhaps in all of Western society the teaching of ethics is largely a function of the home, but in Japan and Okinawa this is considered a task for the school.

To an outsider Okinawan police appear to be efficient in the per- 625 formance of their duty and possessed of a pride in their job and a fairly

751 312 364 156 Social factors contributing to poor sanitation stem mainly from the failure of the individual in Okinawan society to take individual action. For example, four unrelated families, one of which I knew well, rented the four quarters of a house in the city. The well beside the house was badly in need of a drainage system; the water from everyone's laundry and bathing formed a large puddle around the concrete well-top and eventually sank into the ground, no doubt to re-enter the well, which of course also provided drinking water. No one made a move to do anything about this individually. Finally the owner of the house suggested that the several families join with him on a certain day in digging a drainage ditch. This was done. However, instead of digging a ditch to allow the water to run down hill and away, they dug the ditch only a few feet into a tiny field on the same level as the house and well. They did not feel that they could dig a ditch that led the water onto the land of the family who lived below, despite the fact that this was the natural lay of the land and despite the fact that the water was now sinking into the ground above the well of another neighbor. It was felt that only if all the neighbors joined to dig ditches together to allow all the water to drain to the municipal drainage ditch beside the street, only then would it be proper to let one's old wash water drain into another's yard. So far as I know this joint action was never taken.

751 364 156 At the same house, when one of the tenants moved out they dumped a great pile of garbage in front of their room. Another tenant moved into the room and, although the wife commented on the "bad sanitation" ('eisei ga warui'), for some time nothing was done about the pile of garbage. In this case the reason for inaction may have been pride rather than consideration of another's feelings. It seems likely that the new tenant felt that it was not his responsibility to remove the garbage and that it was also beneath his dignity to do so.

ooo Social factors of this sort can perhaps be attacked in two ways. First, by appealing to the individual, to his pride and his esthetic sense, and by creating a greater degree of personal identification, it may be possible to extend the "sphere of sanitation" beyond the floor of the house and out into the yard and perhaps even to the street. But this would not be an easy task. At the present time the average Okinawan is probably less embarrassed by a pile of garbage in his yard and the hundreds of flies that infest it, than he would be to be seen doing the menial task of cleaning it up. He would not feel embarrassed, however, if it were a community endeavor. And therefore as a second method of attack one might encourage more group action. But this requires the development of outspoken leadership.

178 751 744 [625] ooo It is possible that standards of sanitation are lower at the present time than before the war. Residents of the village of Yamada spoke of the "big cleanings" ('ōsōji') that were held at regular intervals before the war. On orders from the 'son' office every household in the village was obliged to clean up its house and yard and submit to inspection by the local police officer, a man who was much more feared than his present counterpart. At present clean-ups may be encouraged by the Youth Organization, Women's Organization, etc., but there is certainly less compulsion than formerly. Moreover, during the last days of the battle and for a period of